



2024: A YEAR IN REVIEW

Dear Caregivers and Friends of CAL,

What kind of year did you have? We hope a good one with the support of Caregivers Alliance Limited (CAL).

Not only is it CAL's 13th year caring for mental health caregivers, but it is also one where our programmes, services and team have worked hard to positively impact your caregiving journey, supporting you and your loved ones through mental health challenges.

Here's a look at the impact we made collectively with colleagues, volunteers, partners and caregivers like you:



Over the last seven years, I've had the privilege of meeting many of you through CAL's C2C Training Programmes and C4C Support Groups. Your love, strength, and resilience have been a constant source of inspiration for me and my team. Thank you for trusting us and validating the work we do. Please continue reaching out to your Programme Manager or CAL contact whenever you need support.

As I complete my time at CAL, I will be leaving at the end of this year to serve Yong-en Care Centre as its Executive Director. I leave you in the capable hands of our incoming CEO, whom you will have the chance to meet in time. It has been an honour to be part of your journey, and I am grateful for the opportunity to serve you.

Yours sincerely,

Tim Lee
CEO, Caregivers Alliance Limited



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For more information, visit
www.cal.org.sg

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