

我们来谈谈
心理健康

公共讲座

携手对抗歧视

洪永元，私人心理医生

社会对精神病的歧视是精神病患寻求治疗和重返社会的主要障碍。要打破这些社会偏见需要医疗专业人士、病患和照顾者携手来为这个群体倡导。在这个讲座中，洪永元医生会和我们一起探讨社会对精神病患的歧视问题，来为他们倡导。这个讲座是为照顾者、康复中的病患、以及有兴趣了解精神病歧视问题的大众人群而特别设计的。洪医生会用中英文来给大家讲解，名额有限，请尽早登记注册。

日期 2016年4月9日（星期六）
时间 2:30 pm – 5 pm (登记时间 2 pm 开始)
地点 国家发展部, 9 Maxwell Road, MND Building Annexe A, Level 2, Auditorium, Singapore 069112

请打64604400 来咨询详情，
或请到以下网址登记注册 <http://cal.org.sg/participate/>

主讲人背景

洪永元医生曾任职于新加坡武装部队的精神科医生十八年。退休时是上校兼心理学主任。他目前在经营自己的私人诊所，也是心理卫生学院的来访顾问。



Let's Talk
Mental Health

Public talk

Stand Up Against Stigma

By Dr. Ang Yong Guan, private psychiatrist

Stigma continues to be a major obstacle for people with mental health issues to seek treatment and reintegrate into the society at large upon recovery. The only way to break the societal stereotypes on mental health is for professionals, patients and caregivers to speak up and advocate for people struggling with mental health issues. In this public talk, Dr. Ang Yong Guan will talk about the problem of stigma in mental illness to advocate for this group of individuals. This talk is targeted at caregivers, persons in recovery from mental illness and the general public who have an interest in understanding the issue of stigma surrounding mental health. Dr. Ang will conduct this talk in both English and Mandarin. There are limited places available. Please register with us early.

Date 9th April 2016 (Saturday)

Time 2:30 pm – 5 pm (Registration starts at 2 pm)

Venue Ministry of National Development, 9 Maxwell Road, MND Building
Annexe A, Level 2, Auditorium, Singapore 069112

To get more information, please call our office at 64604400.

Please register online using the following link <http://cal.org.sg/participate/>

About the Speaker

Dr. Ang served as a psychiatrist with the Singapore Armed Forces (SAF) for 18 years and retired from the SAF (with the rank of a Colonel) as Head of Psychological Medicine. He currently runs his own private practice with a team, and is a Visiting Consultant to the Institute of Mental Health.



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