

# Volunteer as a Caregiver Support Specialist! Join us today!



Would you like to be a volunteer?

Are you someone with passion to make a difference? Volunteer with us to help support and train caregivers of persons with mental illness.

Join us today!

Caregiver Support Specialists (CSS) will engage with other Caregivers in need to provide training, information and emotional support.

To be a Caregiver Support Specialist (CSS), all you need is:

- Commitment for at least one year
- Willingness to meet caregivers at / near their homes

Join now as a volunteer to help caregivers in need!

Email us at: [general@cal.org.sg](mailto:general@cal.org.sg)



For enquiries or registrations, please call:

**6388 2686 / 6388 8631 / 6460 4400**

Website: [www.cal.org.sg](http://www.cal.org.sg)

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tel. 6460 4400